

SWEET JULY

CAFE

CHARLOTTE

Our in-house pastry program and Valrhona chocolate mosaic selection celebrate the rhythm of the local market, inspired by the seasons and crafted with refined technique.

Each batch is intentionally one of a kind.
It's the essence of Sweet July: simple, beautiful, and irresistibly indulgent.

Thoughtfully composed & balanced with wellness in mind, we incorporate nutrient-rich touches like sun-ripened citrus, toasted nuts, fragrant herbs, and jewel-toned dried fruits, alongside bee pollen, crunchy cocoa nibs, and antioxidant-forward preserved fruits. Sourced and layered to highlight their natural vibrancy.

VALRHONA CHOCOLATE MOSAICS

4.50 PER OZ.

QUEEN CITY PISTACHIO GOLD

jivara milk chocolate
pistachio kataifi crunch
gold flake

CHARLOTTE HAZELNUT CRUNCH

66% dark chocolate, roasted hazelnuts
smoked sea salt

CARAMEL MACCHIATTO

dulcey chocolate
espresso, hokkaido milk powder

HEALTH NUT

amatika 46% vegan chocolate
cashews, almonds, coconut
dried cranberries, goji berries

CITRUS CLOVER

dark chocolate, bee pollen cocoa nibs, candied orange honeycomb

STRAWBERRY BLONDE

roasted white chocolate
strawberries, blond crunch pearls

CAROLINA HARVEST

white chocolate, dried cherries
preserved apricots
salted pistachios

ISLAND GIRL

pineapple, papaya, coconut
white chocolate

SMOOTHIES

SWEET BLISS 16

strawberry, almond milk, almond butter
date, avocado, collagen, whey protein

CHOCOLATE POWER 16

oat milk, almond butter
valrhona chocolate, banana, cocoa nibs
chocolate whey

MARKET MIX 16

oat milk, almond butter, acai
strawberry, banana, agave, rolled oats

SUNRISE GLOW 16

coconut water, orange juice, mango pineapple
MCT, camu camu, agave

THE QUEEN CITY 16

ceremonial matcha, apple juice, kale spinach
banana, pineapple, flax seed

SIGNATURE SIPS

STRAWBERRY LAVENDER TEA 11

sweet july sweet mornings
strawberry-lavender

MATCHA-PINEAPPLE SOUL WARMER 11

matcha, pineapple
caribbean cane sugar, coconut water

ISLAND LOVE LATTE 11

espresso liquid alchemist ginger
liquid alchemist coconut, choice of milk

CARIBBEAN RUM CAKE 11

espresso, cinnamon, vanilla, choice of milk

COFFEE	DRIP COFFEE	6 8
	ESPRESSO	4 5
	LATTE	8 10
	CAPPUCCINO	8 10
	AMERICANO	6 8

add 1: vanilla, maple, lavender, caramel, hazelnut

SHAVE ICE SUNDAES

available at 11am

DETOX SUNDAE 12

vanilla soft serve, market fruit
Carolina cold press citrus shave ice
orange turmeric, apple, lemon

DEEPLY ROOTED SUNDAE 12

vanilla soft serve, market fruit
Carolina cold press shave ice, beet
lemon cucumber, carrot, orange, kale

VEGAN SOFT SERVE 8

vanilla or matcha

ADD: HEMP SEED CRUNCH 4

chia seeds | rolled oats | pepitas
coconut flakes | bee pollen | hemp seeds

ADD: FARMERS MARKET FRUIT 4

BREAKFAST

COCONUT CHIA SEED PUDDING 13

toasted coconut, mango compote

OVERNIGHT OATS 13

apple, cinnamon, streusel

HOUSE GRANOLA YOGURT PARFAIT 13

fresh seasonal berries

TRADITIONAL MUESLI 13

oats, pepitas, cranberry raisin, almond
brown sugar, greek yogurt, almond milk

SEASONAL FRUIT CUP 13

farmer's market

available until 11am

SPINACH & MUSHROOM 16

pita foldie, egg whites, garlic aioli, feta cheese
bloomsdale spinach, cremini mushrooms

PROSCIUTTO & PESTO 16

pita foldie, Country Charm egg, prosciutto
basil pesto

HASS AVOCADO TOAST 16

seeded country bread, meyer lemon
everythin' spice

PASTRIES & SWEETS

ROCKY POINT BLUEBERRY MUFFIN 8

BANANA NUT MUFFIN (GF) 8

BUTTER CROISSANT 8

SPINACH & FETA CROISSANT 12

SWEET CHARLIE

STRAWBERRY SHORTCAKE CROISSANT 11

PAIN AU CHOCOLAT 11

LEMON MERINGUE CHEESE DANISH 10

BANANAS FOSTER CINNAMON ROLL 10

LOCAL SWEET POTATO CORNBREAD & BLUE RIDGE HONEY HONEY BUTTER 9

DUTCH APPLE HAND PIE 10

STICKY TOFFEE DATE CAKE 10

AYESHA'S CLEMENTINE CAKE 10

PISTACHIO LAVA COOKIE 8

CLASSIC CHOCO CHIP LAVA COOKIE 8

STRAWBERRY LAVA COOKIE 8

WALNUT CHIP COOKIE 4

OATMEAL RAISIN COOKIE 4

PEANUT BUTTER COOKIE 4

PITA FOLDIES

available at 11am

warm folded Angel Pita sandwiches inspired
by traditional Jamaican Coco Bread.

PASTRAMI & POTATO 19

bell peppers, onions, scotch bonnet, 1000 island

WAGYU SHORTY 19

gruyere cheese, mushrooms, caramelized onions
horseradish cream

SHRIMP ROLL 19

jalapeno, celery, dill, Old Bay tartar

TURKEY BLTA 19

green goddess aioli

CARIBBEAN CHICKEN 19

black beans, plantains, green seasonin'

FAVA BEAN FALAFEL 19

tehina, tomatoes, pickled onion
jalapeño-cucumber relish

HAND HELDS

available at 11am

SJ DOUBLE DOUBLE 21

grass fed smash burger
caramelized & raw onions
New School American cheese, secret sauce

JAMAICAN BEEF PATTY 11

avocado purée, scotch bonnet hot sauce

SALADS

available at 11am

BROCCOLI 17

heirloom carrots, edamame, almonds
sesame dressing

ROASTED BEETS 17

tangerine, cucumber, bocconcini mozzarella
red wine vinaigrette

SUMMER SQUASH 17

baby zucchini & blossoms, chilies, mint

BARBEE FARMS CORN & AVOCADO 17

black beans, black-eyed peas, cilantro, jalapeño
Lipman Farms cherry tomato
chili lime vinaigrette

SJ CLASSIC CAESAR 17

chopped gems, creamy parmesan vinaigrette
garlic butter croutons

add: shrimp 12 • chicken 12 • filet 19